	Miss	sion n	ovember	Menu		
Date	Hot Lunch	Vegetarian Lunch	Fruit / Veggie	Sandwich + Side & Baked Treat		
Friday November 1	Non Instructional Day - No School					
Monday November 4	Bacon Mac'N Cheese with Fruit	Mac'N Cheese with Fruit	Fresh Berry Cup	Salami & Mozzarella Pizza Sandwich with Peach Cup & Granola Trail Mix		
Wednesday November 6	Butter Chicken on Rice with Fruit	Butter Chickpeas on Rice with Fruit	Melon Cup	Chicken Taco Wrap with Cucumber& Carrot Muffin		
Friday November 8	Fun Lunch! Hot Dogs with Chips & Apple Sauce	Fun Lunch! Veggie Dogs with Chips & Apple Sauce	Blueberry Yogurt Parfait	Chicken Salad Sandwich with Carrots & Zucchini Loaf		
Monday November 11	Remembrance Day - No School					
Wednesday November 13	Spaghetti & Meatballs with Fruit	Spaghetti & Veggie Balls with Fruit	Mixed Berry Yogurt Parfait	Chicken Bacon Wrap with Strawberry Apple Sauce & Carrot Cake		
Friday November 15	Chicken Fajita Wraps with Fruit & Yogurt	Veggie Fajita Wraps with Fruit & Yogurt	Fruit Cup	Wow Butter & Strawberry Jam Sandwich with Peach Cup & Chex Snack Mix		

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Date	Hot Lunch	Vegetarian Lunch	Fruit / Veggie	Sandwich + Side & Baked Treat
Monday November 18	Crispy Chicken Bites with Wedge Fries	Crispy Veggie Bites with Wedge Fries	Mango Yogurt Parfait	Protein Lunch Box with an Apple & Banana Cake
Wednesday November 20	Fun Lunch! Cheeseburgers with Chips & Apple Sauce	Fun Lunch! Veggie Burgers with Chips & Apple Sauce	Grape Cup	Fried Egg Sandwich with Carrots and Dip & Granola Trail Mix
Friday November 22	Chicken Dumplings on Fried Rice	Veggie Dumplings on Fried Rice	Pineapple Yogurt Parfait	BBQ Chicken Wrap with Peach Cup & Brownie
Monday November 25	Creamy Chicken Penne with Fruit	Creamy Veggie Penne with Fruit	Pineapple Cup	Greek Chicken Wrap with Apple Sauce & Carrot Muffin
Wednesday November 27	Sweet & Sour Chicken Rice Bowl with Fruit	Sweet & Sour Tofu Rice Bowl with Fruit	Blackberry Yogurt Parfait	Bacon & Egg Salad Sandwich with Cucumber and Dip & Chocolate Chip Cookie
Friday November 29	Beef Burrito Wraps with Fruit & Yogurt	Corn & Bean Burrito Wraps with Fruit & Yogurt	Melon Cup	Ham & Cheese Sandwich with an Orange & Double Chocolate Chip Cookie
	Monday November 18 Wednesday November 20 Friday November 22 Monday November 25 Wednesday November 27	Monday November 18 Wednesday November 20 Friday November 22 Chicken Dumplings on Fried Rice Monday November 25 Creamy Chicken Penne with Fruit Wednesday November 27 Sweet & Sour Chicken Rice Bowl with Fruit Beef Burrito Wraps	Monday November 18 Wednesday November 20 Friday November 22 Chicken Dumplings on Fried Rice Monday November 25 Monday November 25 Monday November 27 Sweet & Sour Chicken November 27 Sweet & Sour Chicken Rice Bowl with Fruit Crispy Veggie Bites with Wedge Fries Fun Lunch! Veggie Burgers with Chips & Apple Sauce Veggie Dumplings on Fried Rice Creamy Veggie Penne with Fruit Sweet & Sour Tofu Rice Bowl with Fruit Friday Beef Burrito Wraps Corn & Bean Burrito Wraps	Monday November 18 Crispy Chicken Bites with Wedge Fries Crispy Veggie Bites with Wedge Fries Mango Yogurt Parfait Fun Lunch! Cheeseburgers with Chips & Apple Sauce Friday November 22 Chicken Dumplings on Fried Rice Creamy Ueggie Dumplings on Fried Rice Creamy Ueggie Penne with Fruit Wednesday November 25 Sweet & Sour Chicken November 27 Rice Bowl with Fruit Cream Blackberry Yogurt Parfait Creamy Ueggie Penne with Fruit Rice Bowl with Fruit Wednesday November 27 Rice Bowl with Fruit Corn & Bean Burrito Wraps Melon Cun

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