## Welcome Back!

## Mission September Lunch Menu



Date	Hot Lunch	Vegetarian Lunch	Add-On	Sandwich + Fruit / Veggie & Baked Treat
Monday	Cheesy Beef Baked	Cheesy Veggie Baked	Wa <mark>termelon</mark>	Chicken Taco Wrap with an Apple Sauce
September 16	Macaroni with a Fruit	Macaroni with a Fruit	Cup	& Carrot Cake Slice
Wednesday	Beef Burrito Wrap with	Bean and Cheese Burrito	Raspberry	Chicken Salad Sandwich with Carrots
September 18	a Fruit	Wrap with a Fruit	Yogurt P <mark>arfait</mark>	& Homemade Chex Mix
Friday September 20	Meatballs on Mashed Potatoes with Gravy & Carrots	Veggie Meatballs on Mashed Potatoes with Gravy & Carrots	Grape Cup	Chicken Bacon Wrap with an Apple & Yogurt













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	Date	Hot Lunch	Vegetarian Lunch	Add-On	Sandwich + Fruit / Veggie & Baked Treat	
	Monday September 23	Creamy Chicken Penne with a Fruit	Creamy Veggie Penne with a Fruit	Mang <mark>o Yogurt</mark> Parfait	Wow Butter & Strawberry Jam Sandwich with Cucumber & Homemade Granola Bar	
	Wednesday September 25	Perogies with Bacon with a Fruit	Perogies with a Fruit	Pineapple Cup	Chicken Caesar Wrap with Apple Sauce & Cinnamon Swirl Loaf Slice	
	Friday September 27	Beef Tator Tot Nachos with a Fruit	Corn Bean Tator Tot Nachos with a Fruit	Berry Cup	Corn and Bean Quesadilla with an Orange & Banana Cake	
<	Monday September 30	NATIONAL DAY FOR TRUTH AND RECONCILIATION - NO SCHOOL				