## CONNECT & LEARN WITH US!





## In Person Community Events for Parents & Caregivers

**Location:** Hatzic Middle School (library), 34875 Moffat Avenue, Mission.

Date: Thursday, November 7, 2024

**Time:** 6:30pm – 8:00pm

## Obsessive Compulsive Disorder: It's More Than Overwashing your Hands

Living with Obsessive Compulsive Disorder (OCD) can present unique challenges that affect both our kids and us. For those living with it, simple tasks become overwhelming and disrupt daily life. Join us to discover ways to strengthen our understanding and support our kids living with OCD.

This video presentation will be followed by a facilitated discussion by the Family Peer Support Worker in Mission.

Cost: Free

Register at: familysmart.ca/events

**Questions?** 

Email: monica.thimer@familysmart.ca

or Phone/Text: 604-607-9557



